

THE STATIONS OF THE CROSS FOR CHILDREN



DAYLESFORD ABBEY

THE STATIONS OF THE CROSS

The Stations of the Cross, the Way of the Cross, the Way of Sorrows, or the *Via Crucis*, all refer to the journey Jesus Christ travelled from the time he was condemned to death until his Body was placed in a burial tomb. Followers of Jesus have told the story of his Passion, Death and Resurrection while pilgrims who travelled to Jerusalem visited the sites where it is believed that Jesus was tried and executed. Journals have been discovered, dated as early as the fourth century, describing these pilgrims chanting psalms as they processed the *Via Dolorosa* (the Way of Sorrows) in Jerusalem. Liturgists view these processions as an embryonic form of the Stations of the Cross.

Many churches typically contain fourteen Stations but as an outgrowth of the Second Vatican Council, a fifteenth Station was added reflecting our Lord's victory over suffering and death and the Good News of Easter – the Resurrection. As we are a post Vatican Council II church, all of our Stations of the Cross, both inside the church and outside, reflect this more complete narrative. Today, Christians everywhere follow Jesus' final journey to unite their suffering with his in the hope of sharing in his Resurrection. In the words of St. Paul: *"I wish to know Christ and to be conformed into the pattern of his death, so that somehow I may come to know the power of his Resurrection."* Phil 3:1

DISPOSITION FOR PRAYING THE STATIONS OF THE CROSS

Suffering – in one of its many forms - invades all of our lives; no one needs to search for it. We may attempt to deny or run from suffering but it cannot be avoided. What is demanded is the need to come to terms with suffering. It is in this context that we provide the Stations of the Cross for Various Circumstances. We invite you to pray these Stations as a means of uniting your personal trials with our Lord's, so that you too might share in his Passion so as to rejoice in his Resurrection.

We believe in a God who became incarnate through his Son, Jesus Christ, who chose to suffer for the sake of our redemption. This Passion is made visible in the physical Way of the Cross and metaphysically in the psychological, emotional and spiritual suffering that took place in the Garden of Gethsemane – which one might call the overture to the *Via Crucis*.

The radical symbol of the Cross - ubiquitous throughout the world - has lost much of its shocking, paradoxical impact. We see the Cross hanging on walls, towering above churches and suspended from one another's necks in precious gold. The Cross has become a thing of beauty - and it should - for without the sacrifice made on the Cross, there would be no hope of eternal happiness with God.

When we pray the Stations, it is not for the purpose of undertaking an historical remembering of what occurred, but to show us what is happening now - what is happening within each of us. The reason for praying the Stations of the Cross is to enter into the mystery of Jesus' gift of himself for us – to experience his means of transforming suffering through love. We do this “through, with, and in him”, step by step, learning how this plan of love can be carried out by us today. In one form or another, his trials are revealed in ours and our trials in his. This frames the spiritual pilgrimage which you are invited to undertake through your particular circumstances, in contemplation of the Passion of Jesus Christ inspired by our faith in the Resurrection.

Allow One Hour

“Could you not watch and pray with me for one hour?” MT 26:40

For the Cross of our Lord's Passion becomes our Tree of Eternal Life

ABOUT DAYLESFORD ABBEY'S STATIONS OF THE CROSS

THE ARBOR GATEWAY

Thresholds are primarily spiritual in nature, not simply physical. Thus, crossing a threshold confirms one's willingness to move from the natural world to the supernatural. Our gateway entrance marks passage through a holy doorway designed to symbolize one's decision to enter into the life of Jesus.

SAINT RAPHAEL

Raphael, which translates as "It is God who heals", is the archangel known for facilitating all manners of healing. He is one of only three of the seven archangels named in the Bible. Raphael is credited with driving an evil spirit from Sarah and restoring Tobit's vision through the use of a fish. Tobit 6:7 Raphael is the patron saint of pilgrims and the appropriate guide for all who travel the Stations - particularly those seeking physical, emotional or spiritual healing. Pilgrimages in early times were a dangerous consideration. Pilgrims made wills before their journey as there was no certainty of a safe return. Unlike tourists, pilgrims travel toward their center; while tourists travel away. As a guardian to pilgrims, Raphael is often depicted holding a staff as well as a fish. The mission of Daylesford Abbey is healing and reconciliation, thus providing a suitable home for St. Raphael.

THE TRAIL

Most Stations of the Cross are typically laid out so that one follows a trail where station posts are staked and one pauses to pray. The Abbey's Stations are designed with alcoves where one must physically exit the trail - a place of certainty - so as to enter the spirituality of each Station's mystery. Physically, one interrupts their journey to undergo an experience of potentially unitive and transformative change.

THE STATION FRAME

Wood is a powerful, consistent symbol throughout Scripture: the tree in the Garden of Eden, Noah's ark, the altar in Exodus, the kindling Isaac carries. It is not by happenstance that both Jesus and Joseph were carpenters. For Christians, all wood signifies and leads us to the one salvific wood of the Cross. Jesus' sacrifice, which redeemed us on Calvary, is re-membered today in the Eucharistic sacrifice that takes place on the altar. All grace flows from the Cross, from our Abbey's altar, which is why our Station's frames are designed to replicate the Abbey church. They are crafted from Brazilian hardwood of substantial weight and density but are ecologically respectful of the Amazon forest, reminding us of God's original commission to humankind in Eden - to be stewards of creation.

THE STATION IMAGES

The Station scenes are bas-relief replicas from the bronze doors located at the Basilica of San Zeno in Verona, Italy. According to tradition, the crypt inside the Basilica was the marriage site of Shakespeare's Romeo and Juliet. The church is Romanesque in design typical of 12th century architecture. Our holy father, St. Norbert, lived during that time and established the Order of Prémontré in 1120, thus connecting the Stations to the founding of our Order.

THE TREE TRUNK BENCHES

Daylesford Abbey took root and evolved from our original home at the site of the former Cassatt Estate. As Providence would arrange it, an oak tree was being removed from that property while our Stations were under construction. Our plans called for some seating to be formed from large tree trunks. This coincidence provided the symbolic means to represent our historical roots.

WE BEGIN: In the name of the Father, and of the Son and of the Holy Spirit. Amen.

“Then Jesus said to them ‘If anyone wishes to come after me, he must deny himself, and take up his cross daily and follow me.’” Luke 9:23



I JESUS IS CONDEMNED TO DEATH

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

When was the last time you were punished? How did you feel? Have you ever been punished for telling the truth? Jesus was. Think about the times you have been accused of something you did not do. Now you know how Jesus felt.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory be to the Father and to the Son and to the Holy Spirit. Amen

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen



II JESUS ACCEPTS HIS CROSS

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

What in your life is really hard to handle? Sometimes it is a person. Sometimes it has to do something you don't want to do. Ask Jesus to help you do it.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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III

JESUS FALLS THE FIRST TIME

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

It is good to know where we are weak. It might be obeying someone. It might mean sharing something. Maybe we lie at times. What is your weakness? Jesus understands weakness and loves you every time you fall and start over wanting to do the right thing.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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IV

JESUS MEETS HIS MOTHER

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Jesus' mother came to give him strength. How many times have your parents shown up for you? God puts people in our life because he knows they can be there in place of him. Who are you being asked to help? A brother or sister? A friend or neighbor?

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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V SIMON HELPS JESUS CARRY HIS CROSS

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

When did you last see someone struggle with a problem? Did you help them? If you did, you're like Simon. You're helping Jesus when you help others.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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VI VERONICA WIPES THE FACE OF JESUS

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Jesus helped people all through his life. Veronica helped Jesus. She showed love and compassion. Who do you know that could use a hug or a pat on the back?

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory be to the Father and to the Son and to the Holy Spirit. Amen

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen



VII JESUS FALLS THE SECOND TIME

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Even though we know our problems, it doesn't mean they go away. We can fall again and sometimes again. It is embarrassing but as long as we get up and try again, Jesus will be there to help.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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VIII JESUS MEETS THE WOMEN OF JERUSALEM

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Have you ever been hurt at the same time as someone else? Did you reach out to help the other person? Did you forget about your own pain? Jesus is with you then.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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IX JESUS FALLS THE THIRD TIME

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Sometimes we want to give up on our problems. Sometimes we give into them. No one is perfect. Jesus knows this and is by your side. He got up and he will help you get up.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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X JESUS IS STRIPPED OF HIS GARMENTS

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Have you ever been made fun of in front of a crowd? It's like feeling naked and ashamed. Jesus understands this pain and wants to be with you. Don't be afraid of being honest with him.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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XI

JESUS IS NAILED TO THE CROSS

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

If you were hanging on a cross, up high, for all the world to see your complete weakness, you would not be alone. Jesus turns to the good thief – Dismas - and promises him Heaven! Can you forgive like this?

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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XII

JESUS DIES ON THE CROSS

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Jesus gave his life to God the Father as a sacrifice for our sins. We're all going to die. Can you give your life to someone who needs you today?

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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XIII JESUS IS TAKEN DOWN FROM THE CROSS

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Jesus' Body is placed in his mother's arms. Can you imagine her sorrow? Mary knows more about Jesus than any other person. If you want to know more about Jesus, talk to Mary.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

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XIV JESUS IS LAID IN THE TOMB

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

Joseph of Arimathea gave his own tomb to Jesus. He did this at great risk because the authorities did not like people who followed Jesus. Today, we can give the living Christ a place to rest inside us. Invite Jesus into your life.

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

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XV

THE RESURRECTION

We adore you, O Christ, and we praise you.
Because by your Holy Cross, you have redeemed the world.

God promises us eternal life if we accept him. Let Christ live in you today!

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

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Cover Image from the frescos of Fra Angelico, San Marco Monastery & Museum, Florence, Italy.

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220 S VALLEY ROAD PAOLI, PA 19301 610.647.2530